

# Life Journaling

*Following these four steps faithfully every day will enrich your study of the Word of God and provide an ongoing resource of His messages to you. Please use the following format as an example of how to use your journal.*

**S**cripture—Open your Bible to the reading found under today's date of the Bible Reading Plan. Take time reading and allow God to speak to you. When you are done, look for a verse that particularly spoke to you that day and write it in your journal.

**O**bservation—What do you think God is saying to you in this scripture? Ask the Holy Spirit to teach you and reveal Jesus to you. Paraphrase and write this scripture in your own words in your journal.

**A**pplication—Personalize what you have read by asking yourself how it applies to your life right now. Perhaps it is instruction, encouragement, revelation of a new promise, or corrections for a particular area of your life. Write how this scripture can apply to you today.

**P**ray—This can be as simple as asking God to help you use this scripture, or it may be a greater insight on what He may be revealing to you. Remember, prayer is a two way conversation. Be sure to listen to what God has to say and record that too!

\_\_\_\_\_

Title

\_\_\_\_\_

Date

---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---



---